

Announcing
**The Speakers Bureau of Dallastown Nursing Center &
 Victorian Villa Personal care facility**

For your Church community or non-profit business, senior staff from Dallastown Nursing Center & Victorian Villa Personal care are available to speak at your location - free of charge. As part of our continuing mission to provide the highest quality of care for our residents while continually exploring new and better ways to serve the community, we can provide education and a forum for discussion on elder-care issues faced by senior adults and their loved ones.

Below is just a sample of topics available. A complete directory of topics will be available on our web site shortly. Please visit our website at www.dallastownnursingcenter.com or contact Ann lucille Kollasch, Community Liaison at 717-244-9574 to schedule a speaker for your event.

Topic	Description	Speaker
<i>“Making your visits count”</i>	Is it tough for you to visit a loved one or friend in a long term care facility? Learn how to make your visits less awkward and more meaningful for you and the one you’re visiting.	Ann lucille Kollasch , Community Liaison for Dallastown Nursing Center & Victorian Villa Personal care facility
<i>“Moving Elderly Parents: How to talk about it when the time comes”</i>	No matter what the age of your parent, experts say now is the time to begin communicating about the future. If you open the lines of communication early on, words like “nursing home” or “assisted living” lose their sting later on. Learn how to begin the communication, and keep it moving, when the time comes.	Sue Boone , Administrator for Dallastown Nursing Center & Victorian Villa Personal care facility

<p><i>“Strategies for Preventing Memory Loss”</i></p>	<p>Though memory loss is often associated with older age, scientists have discovered that memory doesn’t necessarily diminish with time. Recent medical research has shown that preventing memory loss can happen with the right combination of physical and mental activity, and in some cases cognitive decline (or memory loss) can be delayed or even prevented.</p>	<p>Wendy Bowers, COTA, Director of Activities for Dallastown Nursing Center & Victorian Villa Personal care facility</p>
<p><i>“Myths of Senior Living facilities”</i></p>	<p>Senior communities are designed to empower individuals to maintain the independence they have come to enjoy. At the same time, community living provides friendship, companionship, and security. Despite the great advantages of community living, making the decision to move is a difficult one for many seniors and their families. Dispel the myths of the Personal Care home in this informative presentation.</p>	<p>Linda Jermyn, PCA for Victorian Villa Personal care.</p>
<p><i>“Nursing Home Checklist”</i></p>	<p>When considering nursing home placement, what questions should you ask? How will you know if the facility meets your needs? What will the facility need from you if you decide you want to move there?</p>	<p>Chloe Smith, RN, BSN, Director of Nursing for Dallastown Nursing Center</p>