

Dallastown Nursing Center, March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00am Exercise 10:30am March Trivia 1:45pm Ice Cream Cart 2:45pm Sensory Activities	2 10:00am Exercise 10:30am Devotions 2:00pm Active Games 3:30pm Open Activities	3 10:00am Exercise 10:30am "Storybook Bag" 2:00pm "Sentimental Reflections" Video	4 10:00am Exercise 10:30am Resident Council 2:00pm Paint to Music	5 10:00am Exercise 10:30am Word Game 2:00pm Bingo	6 10:30am "Rise & Shine"-Staying Fit, Mind & Body! 1:30pm Garden Planning
7 10:30am Sunday Stretch 1:30pm Devotions/Bible Readings	8 10:00am Exercise 10:30am Aroma Fun 1:45pm Ice Cream Cart 2:45pm Open Activities	9 10:00am Exercise 10:30am Memory Sharing 2:00pm March Birthday Party 3:30pm Manicures	10 10:00am Exercise 10:30am Scenic Drive * 10:30am Spring Aromas 2:00pm Active Game	11 10:00am Exercise 10:30am Food Cliches & Jokes 2:00pm Armchair Travel: The Philipines 3:00pm Philippine Food	12 10:00am Exercise 10:30am Proverbs & Sayings 2:00pm Bingo	13 10:30am "Rise & Shine"-Staying Fit, Body & Mind! 1:30pm "Things That are Green" Sensory
14 Daylight Savings Begin 10:30am Noodle-Ball 1:30pm Sunday Reflections	15 10:00am Exercise 10:30am Nutrition & Food-Trivia 1:45pm Ice Cream Cart 2:45pm Sensory Activities	16 10:00am Exercise 10:30am Devotions 2:00pm Active Game 3:30pm Open Activities	17 Happy St. Patrick's Day 10:00am Exercise 10:30am Irish Stuff 2:00pm St. Patty's Celebration	18 10:00am Exercise 10:30am Card Game 2:00pm Afternoon Matinee: TBA	19 10:00am Coffee Social 10:30am Reminiscing: Old Kitchens 2:00pm Bingo	20 First Day of Spring 10:30am "Rise and Shine"-Staying Fit, Mind & Body! 1:30pm Spring Fever Activity
21 10:30am Devotional Time 1:30pm Planting Seeds	22 10:00am Exercise 10:30am "Tidbits From The Past" 1:45pm Ice Cream Cart 2:45pm Open Activities	23 10:00am Exercise 10:30am Memory Jar 2:00pm "Pie in the Sky"- Bid for Your Slice!	24 10:00am Exercise 10:30am Decorating/Flower Arranging 2:00pm Active Game 3:30pm 1:1 Manicures	25 10:00am Exercise 10:30am Finish the Phrase 2:00pm Making Bird Treats	26 10:00am Exercise 10:30am Scenic Drive* 2:00pm Bingo	27 10:30am "Rise & Shine" Staying Fit-Body & Mind! 1:30pm Spring Stories
28 Palm Sunday 10:30am Morning Stretch 1:30pm Sunday Reflections	29 10:00am Exercise 10:30am "Surprise" Activity 2:30pm "Hard Hat" Party	30 10:00am Exercise 10:30am Devotions 2:00pm Ice Cream Cart	31 10:00am Exercise 10:30am Card/Table Game 2:00pm Tea Time			

All Activities are subject to change.